



Pre-Med Advisory Council Series:

COVID-19 & MEDICAL SCHOOL
ADMISSIONS



blueprint
MCAT preparation

Meet Your Presenters!



Christine is the former Director of Admissions of the University of California, Irvine School of Medicine. She has also served as an Admissions Committee Member, Admissions Advisor and Assistant Professor of Clinical Medical Education. She is skilled at helping pre-meds navigate the entire medical school admissions process. Christine earned her Doctorate in Educational Leadership from the University of Southern California.



Phil Hawkins is a veteran Next Step tutor and the host of our MCAT webinars. Phil scored a 523 on his MCAT and has years of experience teaching MCAT students reach their full potential. He leads the Next Step MCAT Office Hour Sessions and co-hosts the MCAT Podcast with Dr. Ryan Gray.

Pre-Med Advisory Council

The purpose of the Pre-Med Advisory Council is to offer genuine guidance and mentorship to current or future pre-med students.

Every member of the panel has experienced the medical school application process firsthand and offer unique perspectives into getting accepted and getting through medical school.



MCAT changes!

Lots of questions this week about what this means to students for this year.

MCAT Section	Traditional Format	Shortened Format	Delta (Approximate)
Examine Agreement	8 minutes	8 minutes	-
Tutorial (optional)	10 minutes	Eliminated	<i>(10) minutes</i>
Chemical and Physical Foundations of Biological Systems	59 questions, 95 minutes	48 questions 76 minutes	<i>(11) questions (19) minutes</i>
Break (optional)	10 minutes	10 minutes	-
Critical Analysis and Reasoning Skills (CARS)	53 questions 90 minutes	48 questions 81 minutes	<i>(5) questions (9) minutes</i>
Mid-Exam Break (optional)	30 minutes	10 minutes	<i>(20) minutes</i>
Biological and Biochemical Foundations of Living Systems	59 questions 95 minutes	48 questions 76 minutes	<i>(11) questions (19) minutes</i>
Break (optional)	10 minutes	10 minutes	-
Psychological, Social, and Biological Foundations of Behavior	59 questions 95 minutes	48 questions 76 minutes	<i>(11) questions (19) minutes</i>
Void questions	5 minutes	2 minutes	<i>(3) minutes</i>
Satisfaction Survey	5 minutes	Eliminated	<i>(5) minutes</i>
Total "Content" Time	6 hours, 15 minutes	5 hour, 15 minutes	<i>(1) hour</i>
Total "Seated" Time*	7 hours, 33 minutes	5 hours, 45 minutes	<i>(1) hour, (48) minutes</i>

1

COVID-19 Updates

The latest from the AAMC

2

What Do We Know?

What the AAMC has said about the cycle as of now

3

How the Personal Statement, GPA, and MCAT are Affected

Writing your personal statement, how P/F might affect GPA, & MCAT dates

4

Open Q&A

Your turn. We're here to answer your questions.

Application Cycle

- 2021 AMCAS application opens May 4, 2020 but you can't start submitting until May 28, 2020
- AACOMAS application opens mid-May
- TMDSAS opens May 1st
- The earlier you apply, the better



What's Happening Now?

- TMDSAS opened as usual on May 1st, but the application deadline has been extended to November 8th
- AMCAS opens up May 4th. Submissions begin May 28th. Data transfer to schools begins July 10th
- AACOMAS opens up May 5th



COVID-19 & Your Personal Statements

- If you are on the front lines, this could be something to talk about in your personal statement
- If you are only impacted by this in the fact that you shifted classes online and changed your grading option to P/F, etc., you should not write about it in any way
- There could be an influx of personal statements about “How COVID Changed My Life”
- Remember to go through multiple rounds of editing



Letters of Rec



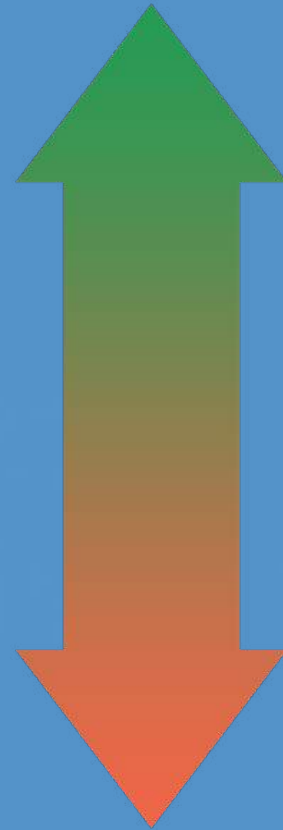
Personal Statement



Primary App

The 4-1-1 on GPA

- Will Pass/Fail grades affect your strength as an applicant?
- Remember, P/F grades don't boost your GPA
- Will a high MCAT score cancel out a low GPA or vice versa?
- Did you request your transcripts already?



3.7 - 4.0 GPA: Excellent

3.5 - 3.7 GPA: Good

3.3 - 3.5 GPA: Average

Sub 3.3 GPA: Low

Activities

- Many shadowing, volunteering, and clinical experience opportunities are canceled
- However, this crisis is occurring during only one semester in your pre-med experience as a whole
- What did you do before January 2020?
- An overall lack of something isn't a good sign
- How important is shadowing and/or clinical experience?

Experience Type:	Community Service/Volunteer - Medical/Clinical	Most Meaningful Experience: Yes or No
Experience Name:	what kind of activity was it?	Dates: Start & End Dates Hours/Week:
Contact Name & Title:	Supervisor name, title and email	Contact Phone: Supervisor contact number
Contact Email:		
Organization Name:	Where did you complete this?	
City / State / Country:		
Experience Description:	Similar to a resume, here is where you write down what you did, accomplished, and learned. Mention anything noteworthy or that stands out.	

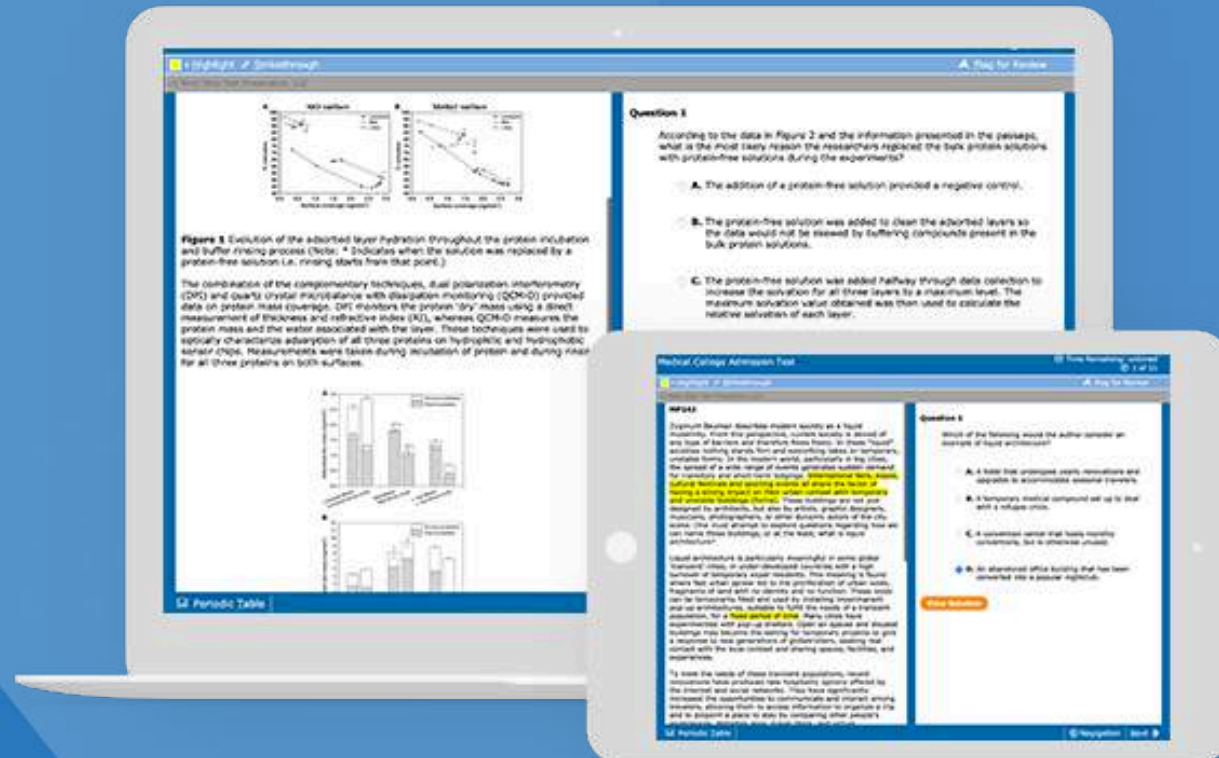
Letters of Recommendation

- Have you already asked for your LORs?
- How many LORs do you need?



The MCAT

- All MCAT dates through end of May are canceled
- 3 new MCAT dates: 6/28, 9/27, 9/28
- New testing times: 6:30 AM, Noon, 6:00 PM
- Shorter exam – 5 hours and 45 minutes
- Registration fir new dates opens 5/7



Finances

- Do you know how much the applications cost?
- Do you have everything in order to pay for them?

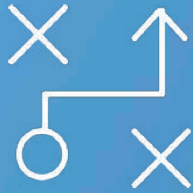


Open Q&A



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– T.D.



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- Gus

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- Tyler



Med School Admissions Consulting

The guidance & support you need to get accepted!

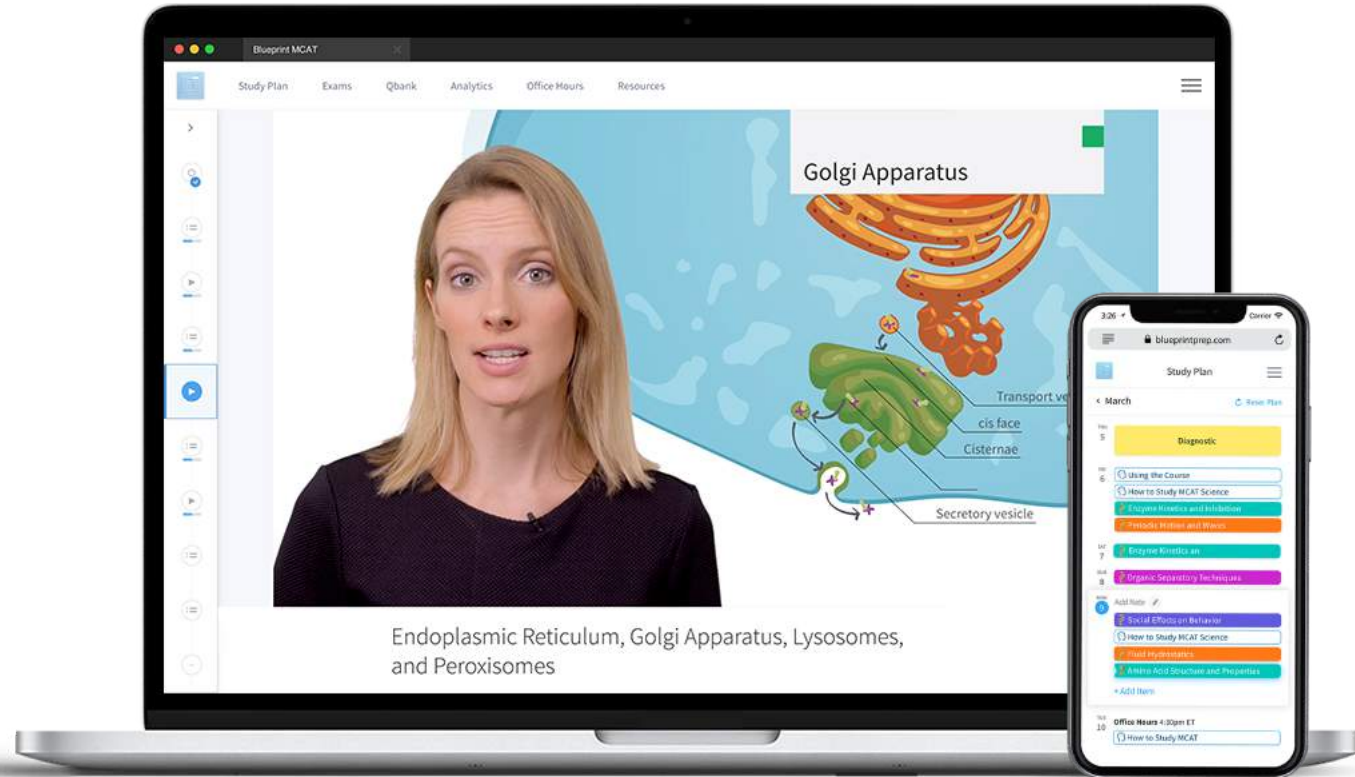
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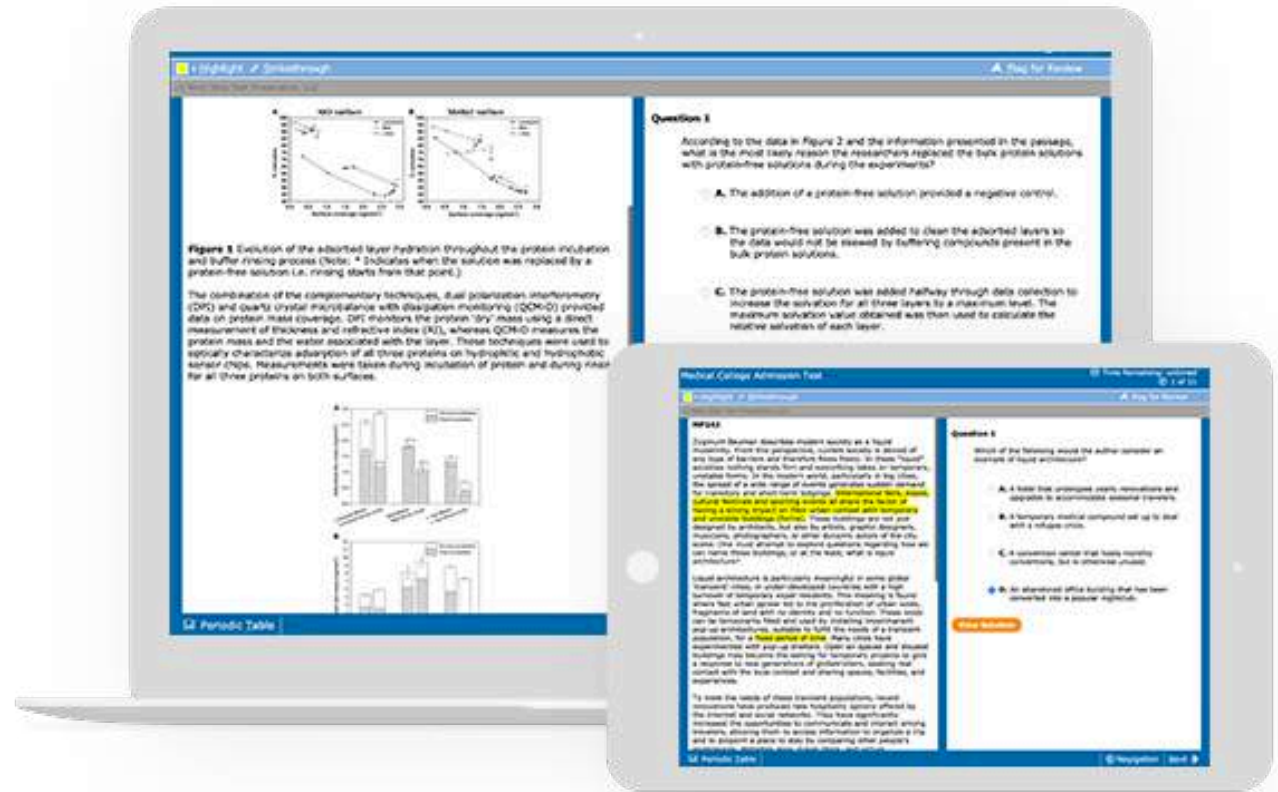


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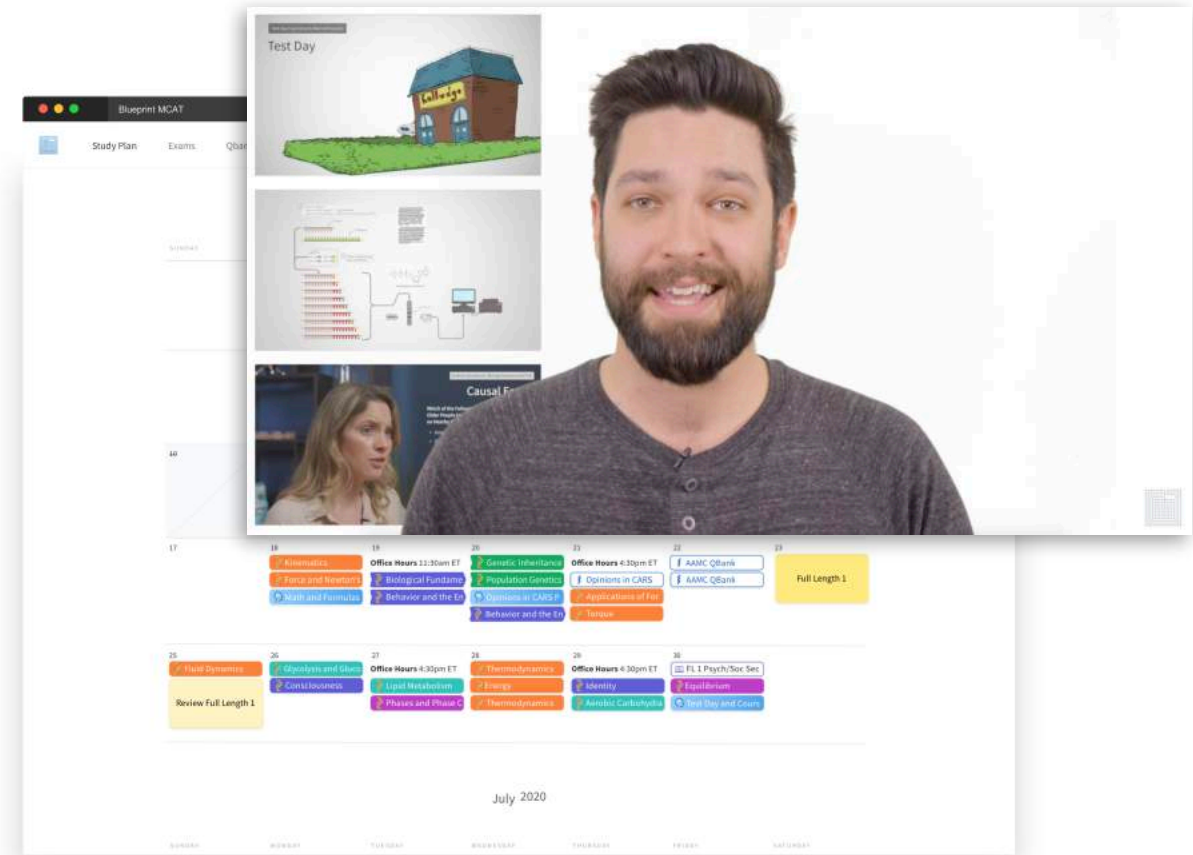
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