

The logo for Next Step Test Prep is centered in a blue square. It features the words "Next Step" in a large, white, sans-serif font, with "Next" on the top line and "Step" on the bottom line. Below "Step", the words "TEST PREP" are written in a smaller, white, all-caps, sans-serif font.

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PCAT WEBINAR

How to Create an PCAT Study Plan

Today's Agenda

- ▶ **Welcome to this Info Session!**
- ▶ **Introduction**
- ▶ **General Information**
- ▶ **What to Do First**
- ▶ **What About Practice Exams?**
- ▶ **Study Plan Tool Walkthrough**
- ▶ **Questions?**

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Build Your Study Plan: How to Participate



Custom Study Plan Generator

Existing Account Log-In:

www.nextsteppcat.com

New User? Create a FREE Account:

www.nextstepprep.com/free-pcat-practice-bundle

Or just follow along in the webinar!

Who Is Next Step?

- Began in 2009 as a tutoring company
- Focus on graduate admissions tests only
- Team of educational experts
- First company to have materials built from ground up for 2016 PCAT format

✓ **We never stop improving our materials!**

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STUDENTS HAVE A CHOICE

Introduction

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Hi, I'm Phil!

- ▶ PCAT Content writer
 - ▶ Tutored and taught for 9+ years
 - ▶ Attended University of Nebraska Medical Center as an MD/PhD student.
- ✓ **Next Step is a team of test prep and educational experts committed to excellence.**



Why is a PCAT study plan important?

Studying and practicing for the PCAT tend to be doable...
...but when you factor in planning as well, it can get stressful!

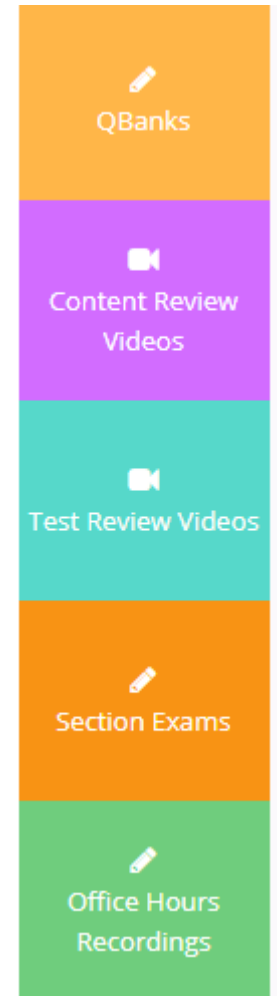
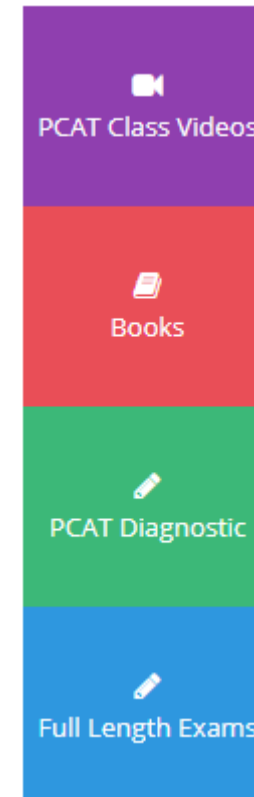
This is especially true if you:

- ▶ **Work full-time**
- ▶ **Are also taking college courses**
- ▶ **Have a weak content background or specific PCAT needs**

What should this plan include?

- **Content Review**
 - Book chapters
 - And/or content review videos
- **Strategy & Practice**
 - Individual question practice
 - Passage practice
 - Full sections
 - Full-length exams

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First Things First

- Take a Diagnostic exam!
- Do this at the very beginning (first 1–3 days) of your prep
- Allocate 3–4 hours + review

⊕ DIAGNOSTIC ATTEMPTS

1	2	3	4	5
<i>not attempted</i>	<i>not attempted</i>	<i>not attempted</i>	<i>not attempted</i>	<i>not attempted</i>
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Why is it important to take a Diagnostic?

It's vital to get a feel for the exam early on! Then:

- Review weak areas (sections, topics, timing)
- Optimize future prep
 - Start your Lessons Learned Journal
 - Begin planning your study schedule



•But remember, it's still early in the process! DON'T:

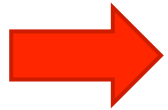
- Worry about your score or feel pressure to improve right away
- Assume your strengths & weaknesses will be the same on every test

What comes next?

- Content review!
- **However:** it's important to start question and passage practice early, too.
- Don't plan to do 100% of your content review before moving on to strategy!

Not ideal!

Diagnostic



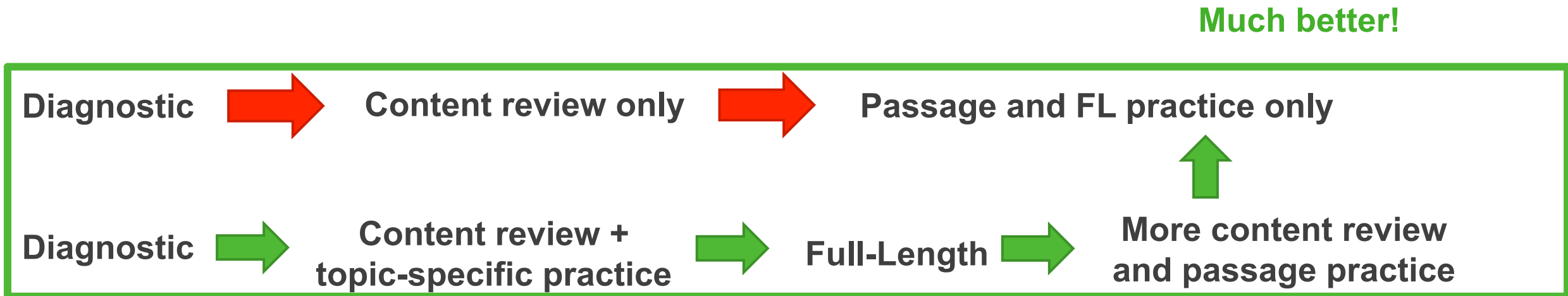
Content review only



Passage and FL practice only

What comes next?

- Content review!
- **However:** it's important to start question and passage practice early, too.
- Don't plan to do 100% of your content review before moving on to strategy!



How many Full-Lengths should you take?

- **MYTH:** The more practice FLs you take, the better.
- In reality – thorough review is most important!
- # of FLs should vary based on prep timeline, endurance, etc.
 - “Typical” student: takes 3–5 FLs
 - If you have endurance or timing problems: take more
 - If you’re confident or crunched for time: 2–3 may be enough!
- Remaining FLs can be taken as separate sections

How often should you take FLs?



- **MYTH:** It's often helpful to take many FLs right before your test date.
- In reality – sticking to 1 per week is best!
- Plan half-day to take each FL, plus several hours for review
- Then spend the rest of the week targeting weak areas, fitting in section practice, and analyzing lessons learned.

Don't be afraid to let your plan evolve over time!

For example: is it much more time-consuming than expected?

- ▶ Evaluate how thoroughly you are reading and taking notes
- ▶ Reprioritize assignment types and topics

Or are you having trouble staying focused?

- ▶ Cover multiple topics in a day instead of a single topic
- ▶ Break content review up into more manageable chunks
- ▶ Don't forget to stay healthy!

Finally – remember to take breaks!

- Breaks are absolutely essential to staying at your best throughout your prep.
- How should a break be spent?
 - ▶ Exercising and keeping a normal routine
 - ▶ Catching up with other obligations (and having fun)
 - ▶ **NOT** thinking about the PCAT!
- Set aside at least 1 day per week for a break

Sample Study Plan

Let's see how easy is to set up a study plan!

Next Step: Core Values

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Educate Daily



Approachability



Authenticity



Professionalism



Ownership

We are dedicated to providing personalized support, advice and prep options that match each student's individual needs.

Students Have a Choice

✓ **Over 50,000 students have used Next Step Test Prep in their prep journey**

- Always up-to-date content, strategy and tests
- Guaranteed Satisfaction
- No call center – instead, Academic Managers guide you all the way!
- Always updating our content based on announced changes and student feedback
- Are ensured the most up-to-date, realistic experience... always
- Access to Online Forum for additional live support from fellow students and NSTP Content Team

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4.7



Personalized Options

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✓ No matter your study style, subject expertise, or PCAT goal, Next Step has an option for your personal needs and lifestyle.

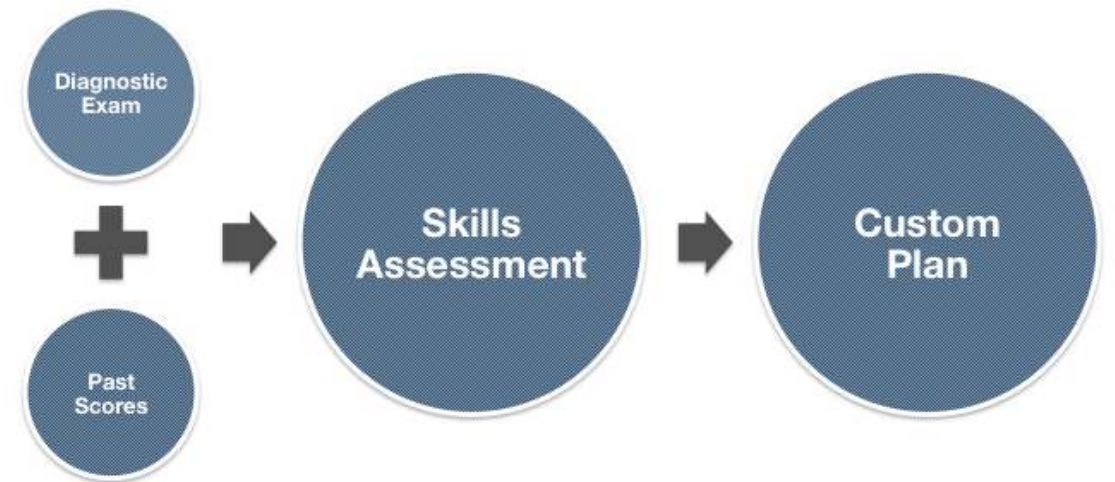
- Free Practice Bundle Materials
- Self-Prep Materials and Planning
- Guided Online Study with Free Extra Help
- One-on-One Tutoring



One-On-One Tutoring

- ✓ No matter your study style, subject expertise, or PCAT goal, Next Step's Tutoring is personalized for YOU
- Tailored Study Plan
- Flexible Online Tutor Sessions
- Top-Scoring, Expert PCAT Tutors

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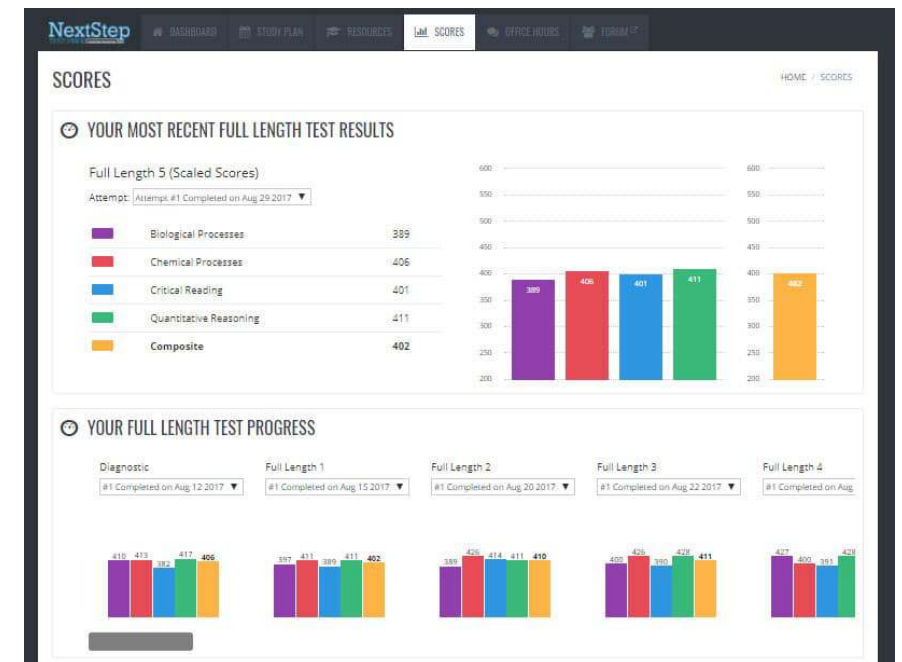


Unmatched Online Course

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✓ **Finally, a high-quality PCAT prep choice delivering personalization, flexibility, and affordability in an easy-to-understand platform and a score guarantee.**

- **One-On-One Orientation**
- **Exclusive Study Plan Generator**
- **Ongoing Live-Online Office Hours (2x/week)**
- **5 Full Length PCAT Practice**
- **1 Full Length PCAT Diagnostic**
- **Extra focus on high-yield and difficult subjects**
- **Review Book: 500+ pages**
- **Content Book: 200+ pages**
- **Lesson Videos: over 30 hours**
- **Content Videos: 50 videos with interactive quizzes**
- **11 Qbanks with over 450 questions**
- **Expertise Built & Supported by 99th percentile instructors**



Why Students Should Prep Now

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✓ Prepping early ensures students are ready for exam day!

PCAT COURSE SALE:

NOW almost over 60% OFF

nextsteptestprep.com/pcat-course

~~\$599~~ now only \$229

Most Realistic Practice Exams

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✓ **Your testing experience matters.**
Practice with the most representative PCAT exam platform available.

- Free Full-Length Diagnostic
- 5 Full-Length PCAT Exams
- Exclusive Study Plan Generator
- Lesson Book (print + online PDF)
- Review Book (print + online PDF)
- All 17 Lesson Videos
- All 50 Content Review Videos
- All Test Review Videos
- All Sections Exams
- Live Online Q&A Office Hours (2x/week)
- Online Forum Access
- **Full Exam Bundle— only \$99**



Next Step: Educate Every Da

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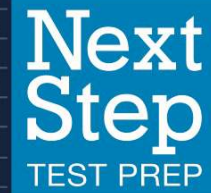
✓ **Get the ONLY FREE PCAT Practice Bundle**

- Full-Length PCAT Diagnostic Test
- Diagnostic Test Review Video (4 segments)
- Lesson 1 from PCAT Online Course
- PDF Sample: Lesson Book for Lesson 1
- PDF Sample: Review Book for Chapters 1–3
- Content Review Videos
 - Scientific Method and Data Interpretation
 - Quantitative Reasoning: Math Skills I
 - Chemistry: Substitution and Elimination Reactions
 - Biology: Kidney Structure and Function
- Exclusive Study Plan Generator
- Free Public Q&A Office Hours & Webinars

**Access your
FREE PCAT Practice now!**

**[nextstepprep.com/
free-pcat-practice-bundle](https://nextstepprep.com/free-pcat-practice-bundle)**

Take the Best Next Ste



Meet with an Academic Manager and build a strategy

- Discuss what works for you: from self-study to tutoring
- Personalize A Study Plan for YOU
- Plan around your study style and class/work schedule
- Speak with educational pros, not a call center

Attend our free webinars

- Download the FREE PCAT BUNDLE and take the Diagnostic
- Take advantage of the free webinars and open Office Hours with a focus on PCAT subject reviews and strategy sessions

Let's Get Social

- Follow us on Facebook, Instagram and YouTube

Contact an Academic
Manager for a free
PCAT Consultation
and plan your prep today!

[nextsteptestprep.com/
pcat-tutoring](https://nextsteptestprep.com/pcat-tutoring)

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CALL 888-530-6398 FOR A FREE CONSULT

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Questions?